

SEPTEMBER 2022

THE COUNSELOR UPDATE

Official newsletter of Farmington High School Counseling Center



WHO IS YOUR COUNSELOR?



**Shanna
Coleman**
A-Ch

scoleman@dsdmail.net



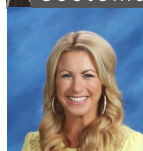
**Dave
Munk**
H-Lo

dmunk@dsdmail.net



**Andrea
Holbrook**
Q-T

anholbrook@dsdmail.net



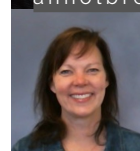
**Staci
Jolley**
Ci-G

stjolley@dsdmail.net



**Alan
Porter**
Lu-P

aporter@dsdmail.net



Nan Haney
U-Z

nhaney@dsdmail.net

WHAT CAN WE DO FOR YOU?

COLLEGE READINESS

- ☐ College Day (Juniors)
- ☐ College Application Week (Seniors)
- ☐ Scholarships
- ☐ FAFSA Night
- ☐ NCAA Eligibility
- ☐ Transcript Requests
- ☐ Early College
- ☐ Letters of Recommendation
- ☐ Standardized Testing (AP, ACT, PSAT, ASVAB)

GRADUATION

- ☐ Graduation Tracking
- ☐ Credit Recovery
- ☐ Course Requests

CAREER READINESS

- ☐ DTC & Catalyst
- ☐ Internships
- ☐ CTE Pathways

RESPONSIVE COUNSELING

- ☐ Interventions
- ☐ Check-Ins & referrals
- ☐ Anxiety Groups

IMPORTANT DATES!

Sept 1 | Picture Makeup Day
Sept 26-27 | Parent Teacher Conf.

SOPHOMORE
SPECIAL
EDITION



WHAT'S THE DEAL WITH CLASS CHANGES?

Class changes can be confusing and frustrating. The BEST way to ensure you get the classes you want, is to put those classes on your course request in the spring. Take time to really think about your goals and what you would like to accomplish during your next school year.

We always do class change night on the 2nd night of school so you can get a feel for your classes and decide if you really need a change.

Counselors are unable to accommodate all change requests before school starts (due to the 700+ number of requests we get!) so to make it fair we ask that all students wait until class change night (when we have extra help).

After class change night, it will be very difficult to get classes changed and all class changes must be approved by your teacher.

NO class changes are allowed after midterm.



CHECK YOUR GRAD SUMMARY



ARE YOU ON TRACK FOR GRADUATION?

LOG IN TO YOUR MYDSD!!!

PSAT/NMSQT



Juniors and sophomores can take the PSAT on:

*October 12
7:30-12 (School Excused)*

Sign up will be available on MyDSD closer to the testing date.

REQUEST ONLINE CLASSES



- It may take 1-3 days for your courses to appear on your Canvas Dashboard
- If you do not complete the course by the term deadline, you will receive an "I" on your transcript.
- The "I" will not be replaced until you complete the course.

STUDENT/PARENT CLASSROOM RESOLUTION STEPS

Did you know?? 98% of classroom issues can be solved by talking directly with the teacher. We want to help you solve your problem as quickly as possible. Follow these steps if you have a problem in one of your classes:

STEP 1: IDENTIFY THE PROBLEM

Talk to your student/parent about what is going on. Come up with some solutions and decide how big the problem really is.

STEP 2: TALK TO THE TEACHER

After problem solving at home, talk directly to your teacher and come up with some alternate solutions.

STEP 3: MEET WITH COUNSELOR OR ADMINISTRATOR

If talking with the teacher has not helped, you may need additional support from an administrator or counselor.